## November 2024



Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Seniors 9:30-1 PAL Cheer 6-9	2 PAL Cheer 9-11
FALL BACK	4 Seniors 9:30-2 PAL 5-7 Karate 7-8	5 OMAC 4-8 Election Day	6 Seniors 9:30-3 PAL 5-7 Karate 7-8	7 OMAC 4-8	8 Seniors 9:30-1 PAL Cheer 6-9	9 PAL Cheer 9-11
10	11 Veterans Day Center is Closed  THANK YOU AND THE YOU AND THANK YOU AND THANK YOU AND THANK YOU AND THANK YOU AN	12 OMAC 4-8 CYC Advisory Board Meeting 6-8 pm UK Champion health Meeting 6-8pm	13 Seniors 9:30-3 PAL 5-7 Karate 7-8	14 OMAC 4-8	15 Seniors 9:30-1 PAL Cheer 6-9	16 PAL Cheer 9-11
17	18 Seniors 9:30-2 PAL 5-7 Karate 7-8	19 OMAC Graduation 5-8	20 Seniors 9:30-3 PAL 5-7 Karate 7-8	21 OMAC 4-8	22 Seniors 9:30-1	23 PAL Cheer 9-11
24  YOGA FOR SENIORS	25 No Senior Programs	26 UK vs Western KY	27 No Senior Programs	28 Thanksgiving  Happy  Thanksgiving	29 Thanksgiving Holiday  Halfpy Thanksgiving:	30 UK vs Louisville