



October 2017

Fall is Here!

William Wells Brown Community Center
548 East Sixth Street | Lexington Kentucky
40508

Jill Chenault Wilson, Director
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HOURS OF OPERATION

Monday, Wed & Friday 6—7:30 pm (Elementary)
Monday, Wed & Friday 7:30—9 pm (Middle & High School)
Tuesday & Thursday 5—9 pm (Adult Fitness)
Saturday 10 am—2 pm (16—Adults)

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|---|--|--|---|
| | | | Knowledge In The Neighborhood Life Skills/ Study Skills will start soon | | |
| 2 Weight Room 5-9p Jewels/Girl's Grp 6p Sports Games 6-7:30p Open Ct MS/HS 7:30-9p | 3 Adult Wellness Weight Room 5-9p Kettle Bells 6p Turbo Kick 7p | 4 Weight Room 5-9p Arts & Crafts 6p Sports Games 6-7:30p Open Ct MS/HS 7:30p Teen Jewelry Making 7 :30p | 5 Fall Break Center Open 5-9pm Adult Wellness Weight Room 5-9p Walking Club 6p Zumba 7p | 6 Fall Break Center Open 5-9pm Weight Room 5-9p Sports Games 6-7:30p Open Ct MS /HS 7:30-9p Teen Hot Topics 7:30p | 7 Solid Gold Aerobics 10am Field trip Kentucky State University 9a-6p Center Closes at 11am |
| 9 Weight Room 5-9p Kids Cooking Class 6p Sports Games 6-7:30p Open Ct MS/HS 7:30-9p | 10 Adult Wellness Weight Room 5-9p YOGA 6p Turbo Kick 7p Weight Loss Challenge & Weigh In Health Fair 6-8p | 11 Weight Room 5-9p Arts & Crafts 6p Sports Games 6-7:30p Open Ct MS/HS 7:30p Teen Crafts 7:30p | 12 Adult Wellness Weight Room 5-9p Walking Club 6 Zumba 7p | 13 Weight Room 5-9p Sports Games 6p Girl Scouts 4p Open Court MS/HS 7:30p Teen Hot Topics 7:30p | 14 Solid Gold Aerobics 10 am Open Gym/Weight Room Adults/HS 11a-1:30p |
| 16 Weight Room 5-9p Sports Games 6-7:30p Jewels/Girl's Grp 6p Open Ct MS/HS 7:30-9p MAKE NEW FRIENDS | 17 Adult Wellness Weight Room 5-9 Kettle Bells 6p Turbo Kick 7p | 18 Weight Room 5-9p Kids Cooking Class 6p Sports Games 6-7:30p Open Ct MS/HS 7:30p Teen Coloring Workshop 7:30p | 19 Adult Wellness Weight Room 5-9p Walking Club 6p Zumba 7p | 20 Weight Room 5-9p Sports Games 6-7:30p Open Ct MS /HS 7:30-9p Teen Hot Topics 7:30p | 21 Solid Gold Aerobics 10am Open Gym/Weight Room Adults/HS 11a-1:30p |
| 23 Weight Room 5-9p Sports Games 6-7:30p Jewels/Girl's Grp 6p Brother to Brother 6p Elem 30 Weight Room 5-9p Sports Games /Crafts 6-7:30p Brother to Brother 7:30p MS/HS | 24 Adult Wellness Weight Room 5-9p Yoga 6p Turbo Kick 7p 31 Weight Room 5p Turbo Kick 7p | 25 Weight Room 5-9p Sports Games 6-7:30p Arts & Crafts 6p Open Court MS/HS 7:30p Teen Card Games 7:30p | 26 Adult Wellness Weight Room 5-9p Adult Coloring Club 6 Adult Book Club 7pm ZUMBA 7p | 27 Weight Room Girl Scouts 4p Fall Festival 6-8p Elementary age | 29 Solid Gold Aerobics 10am Open Gym/Weight Room Adults/HS 11a-1:30p |